



Contract between Counsellor Clive and Client

clive.deeks@protonmail.com

07988 718996

Counsellor Responsibilities

- To be available at the agreed time
- To start and end on time (50 minutes per session)
- To offer a quiet, appropriate and undisturbed space
- To maintain safe, professional boundaries
- To regard all contact and information as confidential unless he/she has reasonable doubt concerning the actual safety of the client or of others
- To encourage client autonomy
- To work within the BACP Ethical Framework (available upon request) including regular supervision
- To review therapeutic work and relationship regularly
- In the unlikely event of the therapist cancelling, an alternative appointment offered ASAP

Client Responsibilities

- To attend punctually
- To give a minimum of 48 hours' notice when cancelling/changing an appointment (or the full fee becomes payable).
- To pay £50 per session in full at either prior to or immediately after each session
- Communicating with the counsellor outside of the agreed sessions to be limited to making, changing or cancelling an appointment unless by prior arrangement.
- To be respectful to the counsellor and his property
- To agree to give permission for the counsellor to contact the client's GP should he have serious concerns about risk to self (client) or to others
- To discuss with the counsellor when you feel ready to end the therapeutic sessions
- To let the counsellor know if you are in or are considering another therapeutic relationship

Client Name

Signed Client Date

Signed Counsellor Date



Contract between Counsellor Clive and Client

clive.deeks@protonmail.com

07988 718996

What the Counsellor offers

What is on offer is integrative counselling with a person centred approach. This means you will be empowered to discover solutions to issues in a supportive environment. As a counsellor I offer you my honesty and respect while we explore whatever issues you choose to bring to our counselling sessions.

Confidentiality

There are boundaries and limits to confidentiality in certain cases:

Confidentiality may be broken if;

You or others, in the opinion of the counsellor, seem to be in danger or at serious risk of harm

The Therapist is required to do so by a court

The client implies involvement or knowledge of an act of money laundering

The client implies involvement or knowledge of drugs trafficking.

The client knowledge or involvement in behaviours that may, in the therapist's opinion, lead to harm or neglect to children or vulnerable adults.

Supervision and Confidentiality

I monitor my own practice by attending regular supervision for myself and I am committed to my own personal development. There are times where aspects of our sessions will be taken to supervision to monitor my practice; at no time will your name or any identifiable information be mentioned and my supervisor is also committed to our contracted confidentiality.

Records of Sessions

I do not keep notes relating to our sessions other than the appointment we book and this document (the counselling contract) on file. If you feel that you would like me to keep notes, or if you have been referred by an agency that requires update reports, then let me know and I do so.

Contacting You

I will contact you if necessary, e.g. to rearrange an imminent appointment. Where and how would you prefer I contact you in this unlikely event?

Should you not attend on time would you like me to contact you? If so, how?

.....

Contacting Me

Text me (preferably) on 07988 718996 or email clive.deeks@protonmail.com

NON-ATTENDANCE Should you notify me of a cancellation with less than 48 hours notice then a charge of 50% of the fee will be applied. Less than 24 hours notice of cancellation or a failure to attend our session without notice will mean that the full session fee will be applicable.